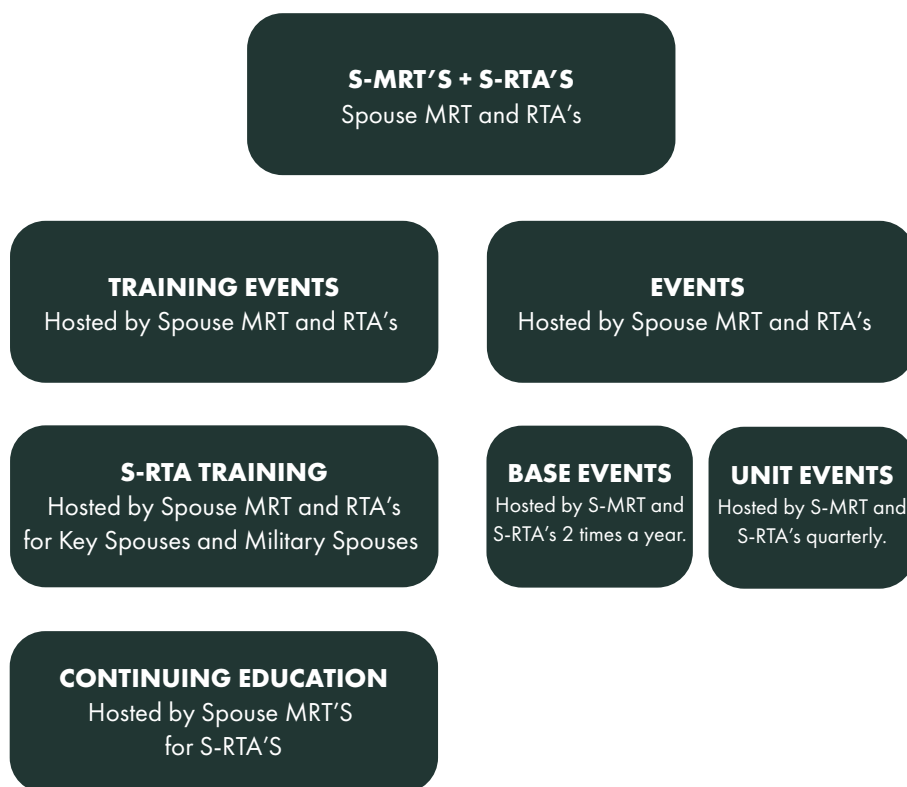




STRATEGIC IMPLEMENTATION PLAN:

The SMRT will start with training the Key Spouses. Once we've trained the Key Spouse Program and they will be the hands and feet of the program by hosting SRTA's will host quarterly events. These quarterly unit events will gain our program more interest by spouses. Then we will launch non-unit events which will then gain the program more interest by other spouses not involved with their units. We will offer SRTA training twice to three-time yearly, along with continuing education during the months that there aren't Spouse Resiliency Days.



TRAINING PROGRAMS:

SRTA Training Initially Key Spouses
SRTA Training for any additional Key Spouse or Spouse
Continuing Education for SRTA's

RESILIENCY EVENTS:

Spouse Resiliency Days or Evening Courses

FREQUENCY OF MRT AND SPOUSE RESILIENCY EVENTS:

Key Spouse & Spouse MRT Training: 2 times a year
Spouse Resiliency Days: 2 times a year
Unit Spouse Resiliency Days: Quarterly



PROJECTED LAUNCH CALENDAR:

Month 1 & Month 2:

Content review:

- Review current slides
- Review feel of current branding

Training:

- Key Spouses Training NLT month 3. By training Key Spouses it will enable us to have at least one spouse RTA in each unit.

Publicity:

- Launch Social Media Channels (stay unpublished until ready to launch)
- Meet with current RTA's from each unit to make them aware of the upcoming program for spouse RTA's. This will give them the time to find interested spouses and to include their Key Spouses in any meetings they have in the future.

Month 3 - Month 4:

Content review:

- Finalize slides/work on examples
- Finalize new branding
- Create branded content for the program for Key Spouses to use
- Get to planning May event

Training:

- Launch event RSVP for Key Spouses RTA Training NLT late month 3.
- Work towards an evening course that could also train new Key Spouses that come after month 4.

Publicity:

- Attend and brief First Sergeants weekly Morning Meeting to make them aware of the program
- Meet with current RTA's from each unit make them aware of the RTA training for Key Spouses and spouses.
- Attend and brief Chief Council Meeting
- Attend and brief Wing Staff Meeting
- Attend and brief ACE Council, 5-6, and TOP 3 Meeting.
- Publish Social Media Channels

Month 5:

Content review:

- This should be completed.

Training:

- Have Key Spouse RTA Training event

Publicity:

- Attend and brief First Sergeants Thursday Morning Meeting to make them aware of the program
- Meet with current RTA's from each unit make them aware of the RTA training for Key Spouses & spouses



PROJECTED LAUNCH CALENDAR:

Month 5 (continued):

Publicity:

- Attend and brief Chief's Council Meeting
- Attend and brief Wing Staff Meeting
- Attend and brief ACE Council & 5-6 Meetings
- Brief at the latest Heart Link, Newcomers Briefings, Bundles for Babies etc.

Month 6, Month 7, Month 8:

Content review:

- This should be completed.

Training:

- Break out Key Spouse team and divvy them up amongst CORE SMRT's.
- SMRT's work with Key Spouses to have a September program kick off for Spouse Unit Resiliency Day/evening (whatever works well for the unit).
- Work towards a Spouse Resiliency Day not associated with any unit for Month 11.
- Complete training layout for evening course that could also train new Key Spouses or spouses who are interested that come after May.

Publicity:

- Publicize to Facebook pages content from the Resiliency Program. This should be done 1-3 times a week.

Month 9 - Month 10:

Content review:

- This should be completed.

Training:

- Attend and support the Key Spouses with their program kickoffs.
- Start hosting training for new spouse MRTs
- Work towards a Spouse Resiliency Day not associated with any unit for month 11.

Publicity:

- Publicize to Facebook pages content from the Resiliency Program. This should be done 1-3 times a week.

Month 11:

Training:

- Host the evening course for new Key Spouses.

Publicity:

- Publicize to Facebook pages content from the Resiliency Program.



PROJECTED LAUNCH CALENDAR:

Month 11 - Month 12:

Training:

- Host the evening course for new Key Spouses.
- Host a Spouse Resiliency Day not associated with any unit.

Publicity:

- Publicize to Facebook pages content from the Resiliency Program.
This should be done 1-3 times a week.

MONTH 13:

Our goal should be to have a SRTA in every unit and to maintain the training of new SRTA's and hosting unit and base events.

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Jusika Martinez, DAF Master Resilience Trainer

On November 2, 2018, I received my official certificate of certification of Mater Resilience Trainer from The Air University, AF Personnel Professional Development School through training conducted on Davis-Monthan Air Force Base. Prior to becoming a Master Resilience Trainer, I completed the Air Force's Resilience Training Assistant week training in 2018. As a Spouse, I developed the original strategic plan that helped develop the Spouse Resilience Program at Davis-Monthan Air Force Base in 2018.